



PINE TRAILS ELEMENTARY SCHOOL

2950 Center Street, Allegan, Michigan 49010

a MiBLSi school (Michigan Integrated Behavior & Learning Support Initiative)

Vicki Brindley
Secretary

David L. Kanine
Principal

Practice Responsibility
Act Safely
Will Be Honest
Show Respect

October 1, 2008

Dear Pine Trails Parent/Guardians:

This letter is to inform you that **Pine Trails Elementary will again be a Peanut Free School.** Student allergies continue to increase and we currently have a student that has a severe food allergy to peanuts and peanut products. It is important that there is strict avoidance to these foods and peanut containing products in order to prevent a life threatening allergic reaction. We are asking you to help provide a safe school environment.

To reduce the chance of our students having a life threatening reaction, we are asking that you do not send peanut containing products to school with your child that will be eaten in the classroom or lunchroom. Often treats are sent in for birthdays and other special occasions. We ask that treats are also peanut free. Please check the ingredients carefully, because many products may not contain peanuts, but they were made on machinery or in a plant that processes peanuts. In this manner we can all help to make our school a much safer environment.

The school cafeteria at Pine Trails will continue to have a Peanut Free menu. We thank Todd Gardner, our food supervisor for making this a reality at Pine Trails. Using an ice pack in an insulated lunch box/bag can help to keep other lunch materials cool until lunch time.

Some peanut free alternatives for lunches and snacks are:

Pita wrap sandwich with meat and/or cheese, lettuce and tomato.

Pasta salad with meat or cheese

Macaroni and cheese

Crackers with lunch meat, hard boiled egg, or cheese

Yogurt with carrot and celery sticks

Various Fruits (Fresh or Dried)

Bagel sandwich with meat or cheese, cream cheese spreads

Soup or stew in a thermos

Yogurt

Fruit cups, Pudding or gelatin cups

Celery stuffed with soft cheese or cream cheese

Homemade trail mix with cereal, pretzels, and raisins

Vegetables with dip

String cheese

And of course other items can be used for birthday/party treats like pencils, stickers, notepads, etc.

Sincerely,

David L. Kanine
Principal